**Расписание занятий**

**туристско-спортивного отдела «Ориентир» на I полугодие 2018 – 2019 уч. года**

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| ***№*** | ***Название кружка*** | ***Нагрузка,час.*** | ***База*** | ***Понедельник*** | ***Вторник*** | ***Среда*** | ***Четверг*** | ***Пятница*** | ***Суббота*** |
| *1* | ***Эквилибриум*** | *18* | *ЦДТ*  *Каб.10* | *1 гр.*  *14.00-14.45*  *2 гр.*  *14.55-15.40*  *3 гр.*  *15.50-16.35*  *16.45-17.30*  *4 гр.*  *17.40-18.35*  *18.45-19.30* | *-* | *1 гр.*  *14.00-14.45*  *2 гр.*  *14.55-15.40*  *3 гр.*  *15.50-16.35*  *16.45-17.30*  *4 гр.*  *17.40-18.35*  *18.45-19.30* | *-* | *1 гр.*  *14.00-14.45*  *2 гр.*  *14.55-15.40*  *3 гр.*  *15.50-16.35*  *16.45-17.30*  *4 гр.*  *17.40-18.35*  *18.45-19.30* | *-* |
| *2* | ***Вольная***  ***борьба*** | *12* | *Шк. 1 спортзал* | *1 гр.*  *14.00-14.45*  *14.55-15.40*  *2 гр.*  *15.50-16.35*  *16.45-17.30* | *-* | *1 гр.*  *14.00-14.45*  *14.55-15.40*  *2 гр.*  *15.50-16.35*  *16.45-17.30* | *-* | *1 гр.*  *14.00-14.45*  *14.55-15.40*  *2 гр.*  *15.50-16.35*  *16.45-17.30* |  |
| *6* | *ЦДТ*  *Каб.10* |  | *1 гр.*  *15.00-15.45*  *15.55-16.40*  *16.50-17.35* |  | *2 гр.*  *15.00-15.45*  *15.55-16.40*  *16.50-17.35* |  |  |
| *3* | ***Легкая атлетика*** | *6* | *Шк. 4 спортзал* | *15.30-16.15*  *16.25-17.10* | *15.30-16.15*  *16.25-17.10* |  | *15.30-16.15*  *16.25-17.10* |  |  |
| *12* | *Шк. 56* |  | *1 гр.*  *17.30-18.15*  *18.25-19.20*  *19.30-20.15* |  | *2 гр.*  *17.30-18.15*  *18.25-19.20*  *19.30-20.15* |  | *1 гр.*  *14.00-14.45*  *14.55-15.40*  *15.50-16.35*  *2 гр.*  *16.45-17.30*  *17.40-18.25*  *18.35-19.20* |
| *4* | ***Истоки*** | *8* | *Шк.56* | *3в*  *12.45-13.30*  *1в*  *13.45-14.20* | *3г*  *12.45-13.30* | *2в*  *12.45-13.30*  *1г*  *13.45-14.20* | *1б*  *13.00-13.35* | *2б*  *12.45-13.30*  *2а*  *16.30-17.15* | *-* |
| *5* | ***Азимут*** | *12* | *Шк.*  *№ 4*  *спортзал* | *1 гр.*  *14.00-14.45*  *14.55-15.40*  *15.50-16.35* | *2 гр.*  *14.00-14.45*  *14.55-15.40*  *15.50-16.35* | *3 гр.*  *14.00-14.45*  *14.55-15.40*  *15.50-16.35* | *1 гр.*  *14.00-14.45*  *14.55-15.40*  *15.50-16.35* | *2 гр.*  *14.00-14.45*  *14.55-15.40*  *15.50-16.35* | *3 гр.*  *14.00-14.45*  *14.55-15.40*  *15.50-16.35* |
| *16* | *Шк. № 62 спортзал,*  *каб.41(пн- пят.17.40-18.25)* | *1 гр.*  *17.40-18.25 18.35-19.20 19.30-20.15* | *2 гр.*  *17.40-18.25 18.35-19.20 19.30-20.15* | *3 гр.*  *17.40-18.25 18.35-19.20 19.30-20.15* | *1 гр.*  *17.40-18.25 18.35-19.20 19.30-20.15* | *2 гр.*  *17.40-18.25 18.35-19.20 19.30-20.15* | *3 гр.*  *17.15-18.00 18.10-18.55*  *19.05-19.50* |
| *6* | ***Восхождение*** | *6* | *Шк. № 78*  *спортзал* | *1 гр.*  *14.00-14.45*  *14.55-15.40*  *15.50-16.35* | *-* | *-* | *-* | *-* | *1 гр.*  *14.00-14.45*  *14.55-15.40*  *15.50-16.35* |
| *12* | *Гимн.8*  *Малый спортзал* | *1 гр.*  *17.15-18.00 18.10-18.55*  *19.05-19.50* | *-* | *2 гр.*  *17.00-17.45 17.55-18.40*  *18.50-19.35* | *-* | *1 гр.*  *17.00-17.45 17.55-18.40*  *18.50-19.35* | *2 гр.*  *17.15-18.00 18.10-18.55*  *19.05-19.50* |
| *7* | ***Мой край*** | *6* | *Шк.68*  *1,2,3 гр.* | *-* | *10.00-15.00*  *(3 часа по заявкам)* | *-* | *10.00-15.00*  *(3 часа по заявкам)* | *-* | - |
| *6* | *Шк.39*  *4,5,6 гр.* | *11.00-16.00*  *(3 часа по заявкам)* | - | *11.00-16.00*  *(3 часа по заявкам)* | *-* | - | - |
| *6* | *Шк.78*  *7,8,9 гр.* | *-* | *-* | *-* | *-* | *09.00-14.00*  *(3 часа по заявкам)* | *09.00-14.00*  *(3 часа по заявкам)* |